



**Bowline**



**Figure 8 Knot**

## WELCOME TO THE WORLD OF SAIL

The Edison Boat Club offers a unique experience for all members. You don't have to own a boat to learn how to sail and enjoy family fun on the Detroit River!! The Club owns and maintains a fleet of eight Flying Scot sailboats. All members and their families are offered the opportunity to experience the thrill and challenge of learning to sail.

Novice sailing courses are offered each year in April by experienced Club Sailing Instructors who begin by teaching the basics of sailing, equipment, and safe boat handling in our classroom environment.

Students then take to the water and experience the thrill of sailing through in-boat instruction. Novices are introduced to basic racing with their fellow students, as well as participating in racing on Lake St. Clair. Successful completion earns you a Skipper's Card and a chance for recreational sailing for the whole family, kids and all.



## CLASS DESCRIPTIONS

### NOVICE SAILING PROGRAM

This is an instructional program designed for the student who has no sailing experience to teach the fundamentals of sailing and the sail boat. As an entry level class, the course is designed to be an introduction to sailing and water safety. Skills covered include knot tying, rigging, points of sail, steering, docking, racing, and safety and capsizing recovery.

This is a hands-on, get wet, and have fun class. The course is designed to build skills and confidence through on-shore classes and chats, in combination with instruction time on the water focusing on fundamentals of sailing, boat handling, racing, and safety

### ADVANCED SAILING PROGRAM

Sailors will expand their knowledge of boat handling techniques and racing. Advanced theory of sail shape, spinnaker flying, effects of wind and currents, the techniques that effect boat speed, and racing rules will be covered. Sailors will leave this class with the ability to sail effectively and efficiently at all points of sail and deal with a variety of obstacles and conditions.

In-water sailing time will be available in the Club's new high-performance Ultima 20.

Prerequisite is the Novice Sailing Class or equivalent as determined by the Instructor.



**Reef  
(Square) Knot**



**Clove Hitch**

## NOVICE CLASS REQUIREMENTS

The class is designed for Novices of all ages from 12 to 90. Novices must be at least 12 years of age, weigh at least 80 pounds, be able to swim and feel comfortable around the water. It is recommended that Junior sailors are accompanied by an adult.

All Novices must wear an approved, properly fitting life jacket at all times while on the docks and in the boats. If you do not have a jacket, one will be provided. Suitable foot attire must be worn on the docks and in the boats at all times. It is also recommended you use sun block, sunglasses and a hat with retaining straps, sailing gloves, and a towel.

All Novices are expected to behave in a respectful manner and obey the rules of the Club. We reserve the right to dismiss any student who does not respect the basic rules of the Club or the program.

